



Dear Doctor,

Thank you for being part of your patient's journey toward improved comfort and oral health. They've chosen to work with **Clear Aligners Direct**, a patient-driven treatment model that offers expert orthodontic planning and remote monitoring while allowing them to stay connected with a trusted local provider—you.

Your involvement is important to the patient. They have chosen you specifically to assist with hands-on care during their treatment because they trust your expertise and value your support.

How the model works:

Clear Aligners Direct is a virtual orthodontic service providing personalized treatment planning, custom aligner design, and ongoing remote monitoring through a streamlined digital platform.

I am an orthodontist with over 40 years of clinical experience, including thousands of treated cases. For more than five years, I've helped patients worldwide access effective, non-extraction treatment using this remote model.

Under my guidance, Clear Aligners Direct:

- Develops the diagnosis, treatment plan, and 3D aligner setup
- Coordinates with our USA-based 3D printing lab using advanced Graphy technology to produce the aligners
- Provides continuous support, refinement, and troubleshooting throughout the treatment

Patients pay the lab directly for their aligners and remain fully in control of their treatment experience through our app.

Your role, if the patient requests assistance, typically includes:

- Performing intraoral scans (STL files) and, when necessary, taking X-rays and intraoral photographs
- Placement of attachments and occasional interproximal reduction (IPR), which is seldom needed and mostly for cosmetic adjustments, as our model focuses on non-extraction treatment designed to facilitate tongue space and improve airway function
- Providing general dental care and any restorative work needed during treatment

This model is patient-led, not referral-based. You provide clinical support only when requested. The patient and Clear Aligners Direct manage treatment planning and outcomes remotely. Importantly, **you are not responsible for the overall treatment outcome, only for the clinical assistance you provide.**

Why this approach works — and why your involvement matters:

- The patient remains empowered and actively involved in their care
- You maintain full autonomy and provide clinical help as needed without liability for treatment results
- You were chosen because your patient trusts and values your expertise

To better understand the patient experience and process, we've included links to the **Patient Portal** and **Informed Consent** documents:

- [Patient Portal](#)
- [Informed Consent Form](#)

If you would like to discuss the case or collaborate further, please feel free to contact me. I greatly appreciate your support and the important role you play in helping your patient succeed with this innovative care model.

Warm regards,

Dr. Vernon Kruger
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