



Clear Aligners Direct (CAD) Informed Consent Form for Clear Aligner Treatment Consultation Services

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Introduction

This document outlines the roles, responsibilities, risks, and limitations of all parties involved in your clear aligner treatment through Clear Aligners Direct (CAD), a company based in Panama. CAD provides direct-to-consumer clear aligner treatment, and you are responsible for selecting a licensed dentist to perform specific procedural tasks. This form ensures you understand that CAD is solely responsible for the treatment plan and outcome, the assisting dentist's role is strictly limited, and your compliance is critical to success. Read carefully, ask questions, and sign to confirm your understanding.

Parties Involved

- **Clear Aligners Direct (CAD):**
 - CAD, based in Panama, is responsible for designing, fabricating, and managing your customized clear aligner treatment plan based on your goals and concerns.
 - CAD is solely responsible for the orthodontic treatment plan, aligner design, and treatment outcome.
 - CAD engages Dr. Vernon Kruger as a consultant to assist in treatment planning.
- **Consultant (Dr. Vernon Kruger):**
 - Dr. Vernon Kruger holds a Bachelor of Dental Surgery (BDS) from the University of the Witwatersrand and has over 40 years of orthodontic experience. He is a certified instructor and Fellow of the International Association for Orthodontics.
 - Dr. Kruger is **not licensed to practice dentistry in the USA** and serves exclusively as a consultant to CAD for treatment planning and aligner design.
 - Dr. Kruger does not provide direct dental care, diagnosis, patient monitoring, or in-person treatment.
- **Assisting Dentist (Licensed in Your Jurisdiction):**
 - You will select a licensed dentist to perform specific procedural tasks, such as digital scans, X-rays, or placing attachments for aligners, using a template provided by CAD, as requested by you to support CAD's treatment plan.

- The assisting dentist's role is strictly limited to these procedures and does not include designing, monitoring, or managing your orthodontic treatment.
- The assisting dentist is not responsible for the treatment plan, aligner performance, or orthodontic outcome. Their liability is limited to the standard of care expected of a general dentist for the specific procedures performed, as would apply in any non-orthodontic dental context.
- As part of their general duty of care, the assisting dentist will inform you if they observe any abnormalities or oral health issues during these procedures, consistent with the level of expertise expected of a general dentist, not a specialist orthodontist.
- The assisting dentist's limited involvement enhances treatment safety compared to models without in-person dental support.
- **Patient ("You"):**
 - You are responsible for following CAD's treatment plan, including wearing aligners as instructed (typically 20–22 hours per day) and attending clinical visits for scans, X-rays, or attachments as needed.
 - The success of your treatment depends entirely on your compliance with CAD's instructions. Failure to follow the plan may result in suboptimal results, complications, or treatment failure.
 - You acknowledge that you are paying CAD directly for treatment, and CAD does not work with insurance providers.

Treatment Process

- **Consultation and Planning:**
 - You will discuss your goals with CAD, and CAD, with consultation from Dr. Kruger, will design your treatment plan.
 - CAD fabricates your aligners based on this plan.
- **Clinical Assistance:**
 - You will visit a licensed dentist of your choice for procedural tasks (e.g., scans, X-rays, attachment placement) to support CAD's treatment plan.
 - The assisting dentist does not design, monitor, or manage your orthodontic treatment and is not responsible for its outcome.
- **Ongoing Support:**
 - CAD is available for general questions or plan adjustments via teleconsultation.
 - Neither Dr. Kruger nor the assisting dentist will directly oversee your treatment progress.
 - In case of urgent dental issues, you must contact CAD immediately or seek care from a licensed dentist. The assisting dentist is not responsible for managing complications beyond their procedural role.

Risks and Limitations

- Clear aligner treatment carries risks, including but not limited to:
 - Discomfort, irritation, or pain from aligners.
 - Failed or incomplete tooth movement.
 - Tooth decay, gum disease, or root resorption.
 - Temporomandibular joint (TMJ) issues or speech difficulties. ...
 - Unexpected treatment outcomes requiring additional intervention.

- Clear aligner treatment may not be suitable for complex orthodontic cases. CAD is solely responsible for determining the appropriateness of treatment and managing any complications related to the treatment plan or aligners.
- Dr. Kruger provides consultation to CAD only and is not licensed to practice dentistry in the USA.
- The assisting dentist is not responsible for the treatment plan, aligner performance, or orthodontic outcome. Their role is limited to performing requested procedures with the standard of care expected of a general dentist.
- Your compliance with CAD's instructions is critical to achieving the desired treatment outcome. Failure to comply may result in treatment failure or complications, for which you bear full responsibility.

Consent and Acknowledgment

By signing below, you confirm that you:

- Understand that CAD, based in Panama, is solely responsible for designing and managing your treatment plan and for the orthodontic outcome.
- Acknowledge that Dr. Vernon Kruger is a consultant to CAD, not licensed in the USA, and does not provide direct dental care, diagnosis, or monitoring.
- Agree that the assisting dentist's role is limited to performing specific procedures (e.g., scans, X-rays, attachments) and that their liability is restricted to the standard of care for those procedures, not the orthodontic treatment or outcome.
- Understand that the assisting dentist will inform you of any observed abnormalities as part of their general duty of care, consistent with the expertise of a general dentist, not a specialist orthodontist.
- Accept full responsibility for following CAD's treatment plan and acknowledge that treatment success depends on your compliance.
- Acknowledge the risks of clear aligner treatment and have had the opportunity to ask questions and consult with a licensed dentist before proceeding.
- Understand that you are paying CAD directly, and CAD does not work with insurance providers.

Patient Name: _____

Age: _____

Parent/Guardian (if under 18): _____

Signature: _____

Date: _____